



Onslow Infant School

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Head Teacher: Katherine Donlon

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Dear Parents and Carers,

We are pleased to inform you that we have a former Olympic cyclist, Phil Bateman, visiting the school on 24 and 25 June to work with children in Reception and Year 1. Balance bike fun days are a great way for Early Years and Year 1 children of all abilities to develop coordination, balance and control, preparing them for a lifetime of confident cycling. Skills covered include basic bike handling, stopping, turning and of course balancing, through a programme of fun games, challenges and obstacle activities. All equipment is provided and no preparation is necessary. You can find out more by visiting this website: <https://proridecoaching.co.uk/#/BalanceBikeDays>

Your child should wear their uniform on the day, but suitable for spending up to 70 minutes outside (e.g. trousers not skirts, a shower-proof coat in case of rain, secure flat shoes/trainers, water bottle, plus sun cream should be applied before school.)

If you have concerns about your child taking part in this activity, or if they may require adaptations for any reason, please see myself or your child's teacher to discuss this.

Mrs Pardoe
Deputy Head and PE Lead

