

Look Out! Those head lice are about again.

Please check your family's hair tonight



Bug Busting Tips

It's a good idea to wet comb your child's hair with a nit comb and conditioner at least once a week, whether you think they have head lice or not.

If you do find your child has head lice, your child doesn't have to stay away from school, but please let their teacher know.

There are 2 effective ways to get rid of the lice:

Wet combing – this needs to be done every 3 or 4 days for at least 2 weeks so that any lice emerging from eggs are removed before they can spread.

Using a medicated lotion – follow the instructions on the pack.

Remember to check the whole family!